



Fall 2018 Girls Gymnastics

Schedule effective September 2018

JR. ACADEMY GIRLS AGES 5.5 - 6	CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NOVICE	3:30 - 4:30 4:45 - 5:45	3:30 - 4:30 4:45 - 5:45		2:30 - 3:30 3:30 - 4:30 4:45 - 5:45	2:30 - 3:30 3:30 - 4:30 4:45 - 5:45	3:30 - 4:30
BEGINNER	3:30 - 4:30 4:45 - 5:45	3:30 - 4:30 4:45 - 5:45		2:30 - 3:30 3:30 - 4:30	3:30 - 4:30	3:30 - 4:30	
ADV BEGINNER					4:45 - 5:45		

ACADEMY GIRLS AGES 7-9	CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NOVICE	6:00 - 7:00		4:45 - 5:45 6:00 - 7:00			4:45 - 5:45
BEGINNER	3:30 - 4:30 4:45 - 5:45 6:00 - 7:00	3:30 - 4:30 4:45 - 5:45	3:30 - 4:30 4:45 - 5:45	3:30 - 4:30 4:45 - 5:45	3:30 - 4:30 4:45 - 5:45	3:30 - 4:30 4:45 - 5:45	9:00 - 10:00 10:15 - 11:15 11:30 - 12:30
ADV BEGINNER	3:30 - 4:30	3:30 - 4:30	3:30 - 4:30		4:45 - 5:45		9:00 - 10:00
INTERMEDIATE	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30	6:00 - 7:30			
ADVANCED			6:00 - 7:30				

ACADEMY GIRLS AGES 10+	CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	NOVICE						
BEGINNER	6:00 - 7:00					3:30 - 4:30	10:15 - 11:15
ADV BEGINNER							10:15 - 11:15
INTERMEDIATE					6:00 - 7:30		10:15 - 11:45
ADVANCED	6:00 - 7:30				6:00 - 7:30		
TEEN Ages 12 +						4:45 - 5:45	11:45 - 12:45

Jr Academy Ages 5.5 - 6 Duration: 60 minute classes:

Instruction for girls ages 5.5-6 emphasizing age appropriate fundamental gymnastic skills.

Gym Academy Ages 7 and older Duration: 60 and 90 minute classes:

Developmental skills are based on the USA Gymnastics Jr. Olympic progressive program levels.

Each level class is designed to teach proper body positioning and alignment through progressive drills to ensure proper skill development and safety.

Novice: Little or no previous gymnastics experience.

Beginner: Promotion from Novice level required.

Advanced Beginner: Promotion from Beginner level required. 60 minute class offered 1 day per week.

Intermediate : 90 minute class offered 1 day per week. Promotion from Advanced Beginner required.

Advanced: 90 minute classes 1 or 2 day(s) per week by invitation only. USAG levels 2 & 3 skills are included in the curriculum.

TUITION

Tuition is based on enrollment (not attendance) and an average of 4 class weeks per month. No additional fee is charged when a 5th class week occurs in a month, nor is tuition prorated or refunded when less than four classes are attended for any reason including holiday closures.

CLASS	DURATION	MONTHLY TUITION
Novice, Beginning, Adv. Beginning & Intermediate	60 minutes 1x/per week	\$95.00
Intermediate/Advanced	90 minutes 1x/wk	\$132.00

10% discount for enrollment in 2+ classes

2018-19 CLOSURES	
Labor Day	September 3
Judge's Cup Competition	September 8
Halloween	October 31
Thanksgiving	November 22-24
Winter Break	December 24 - 31
New Years	January 1
OC Classic Gym Meet	January 19-21
Memorial Day	May 27
Summer Showcase	June - Exact Date TBD
Independence Day	July 4

STUDENTS MUST WEAR APPROPRIATE ATHLETIC ATTIRE TO ALL CLASSES!
Leotard, stretch shorts (optional); hair secure, NO jewelry!