



Fall 2018 Cheer

Schedule effective September 2018

Cheer Academy

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cheer Fun Ages 5-7			3:30 - 4:30			
Cheer Tryout Prep Age 8+	6:00 - 7:00					

Cheer Tumbling and Back Handspring Boot Camp

CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Level 1 Age 7-10		6:00 - 7:00	3:30 - 4:30			
Level 1 Ages 11+						9:00 - 10:00
Back Handspring (ages 8+)						10:15 - 11:15
Level 2						11:30 - 12:30

TEAM OC Cheer & Tumbling

Cheer Fun: (Ages 5-7): Students will be working on basic tumbling and cheer skills. The cheer skills learned are motions, jump approach and different jumps, simple cheers and dances.

Cheer Prep: This class is designed for students who want to eventually try out for a cheer team whether it be school or All Star.

Skill pre-requisites: Jump approach and basic motion technique. They will work on perfecting motion technique, jumps, tumbling, learning cheers and dances and also doing mock tryouts.

Tumbling Level 1: Beginner Tumbling - This class will focus on perfecting basic skills such as handstands, cartwheels, backbends, kick overs, front/back walkovers, round offs as well as back handspring drills.

BHS Boot Camp: Intermediate Tumbling - This class focuses on learning a back handspring and roundoff back handspring.

Skill pre-requisites: Back walkover, roundoff, handstand block.

Tumbling Level 2: Intermediate Tumbling - This class focuses on learning the back handspring series (standing and running), round off back handspring series, back walkover back handsprings and specialty passes with front handspring.

Skill pre-requisites: Standing back handspring on floor, round off back handspring, handstand block, snapdowns

Tuition is based on enrollment (not attendance) and an average of four class weeks per month. No additional fee is charged when a fifth class week occurs in a month, nor is tuition prorated or refunded when less than four classes are attended for any reason including holiday

CLASS	DURATION	MONTHLY FEE
Cheer Academy	1 hr/wk	\$84.00

2018-19 CLOSURE DATES	
Labor Day	September 3
Judge's Cup Comp.	September 8
Halloween	October 31
Thanksgiving	November 22-24
Winter Break	December 24 - 31
New Years	January 1
OC Classic	January 19-21
Memorial Day	May 27
Summer Showcase	June - Exact Date TBD
Independence Day	July 4