385 Clinton Street Costa Mesa, CA 92626 • 877.503.9064 • www.teamocfun.com

Free Lesson Waiver and Release

Dear Parent/Legal Guardian:

We are pleased that your child has been invited to participate in a free lesson at Team OC Gymnastics, Cheer and Dance ("Team OC"). Our facility is a fun and exciting place for children to enjoy, and all of our classes are structured under the supervision of trained staff members.

Before your child/participant attends the free lesson, you must fill out the information below, print out the form, and return it to Team OC.

_____ _____

Child's Name Parent/Legal Guardian's Name

Address _____

Street City Zip Code

_____ _____

Home Phone Number Birthday

_____ _____

Father's Name Father's Cell Number

_____ _____

Mother's Name Mother's Cell Number

PARENT/GUARDIAN WAIVER AND RELEASE: I fully understand that Team OC staff members are not physicians or medical practitioners of any kind. I hereby release Team OC to render temporary first aid to my child in the event of an injury or illness, and to seek emergency medical help. You agree that your child will be engaging in physical exercise involving sports, fitness, and activities that could cause serious injury and death. You agree that your child is voluntarily participating in these activities and is assuming all risks of injury that may result. Team OC will not make any evaluation as to whether your child is physically fit for any particular activity. In consideration for allowing my child to use Team OC facilities and equipment, and/or participate in an event at Team OC, on my own behalf and on behalf of my child and each of our respective heirs, administrators, next of kin, executors and successors, hereby COVENANT NOT TO SUE and FOREVER RELEASE, discharge, and hold harmless and agree to indemnify Team OC, its officers, directors, shareholders, owners, employees, volunteers, agents, successors and assigns (collectively in this Waiver and Release "Team OC" or "Releasees"), from any and all liability, claims, medical, legal and/or other costs, demands, losses, damages or causes of action (known or unknown) whether existing now or in the future, including any loss of personal property due to theft or otherwise, arising out of my child's use of Team OC facilities, equipment, and/or participation in any event at Team OC, and whether caused or alleged to be caused in whole or in part by the negligence of any of the Releasees.

Parent/Legal Guardian Signature _____ **Date** _____